



# Are you over 65 and have used mental health services?

**We would like to hear your views & experiences!**

NSW CAG is currently looking at the issues affecting older people with mental illness, and would like to gather information to inform our future submissions. We hope to speak to as many older mental health consumers or their carers as we possibly can over the coming months.



## Who is NSW CAG (NSW Consumer Advisory Group – Mental Health Inc.)?

- NSW CAG exists to ensure that policy makers hear the perspectives of mental health consumers from across NSW.
- The vision of NSW CAG is for all mental health consumers to be able to participate meaningfully in society and to experience fair access to quality and recovery services which reflect their needs.
- To achieve this vision it is important that the views of mental health consumers, which are informed by their 'lived' experiences, are heard and considered by politicians and policy makers.
- To enable our representation of mental health consumers and to advocate for systemic change, NSW CAG conducts a range of consultations with consumers, carers, service providers and other stakeholders throughout NSW.

\*We can be contacted on (02) 9332 0200, by email at [policy@nswcag.org.au](mailto:policy@nswcag.org.au).  
More information about us is available on our website [www.nswcag.org.au](http://www.nswcag.org.au).



## Also, we're looking for older person representatives



Are you an older person currently using mental health services?



Would you like to have a greater say on policy decisions affecting you and others like you?



Or do you know someone who would say YES to the above questions?

**If you do, please contact us now!\***